



# How basic is empathy? Direct and indirect ways of knowing others DRUST – IP-DK2

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## Einfühlung and Empathy

- Vischer, Lipps and Titchener
- Lipps: empathy as inner imitation
- Gallese: empathy as inner imitation
- Hatfield: empathy as motor mimicry
- Goldie: Empathy as a simulative process of imagining what it must be like for the other to be in such a situation



### Multidimensional construct

- Basic empathy vs complex empathy
- Perceptually mediated empathy vs cognitive empathy
- Motor empathy, cognitive empathy and emotional empathy
- Various empathy deficits
- Empathy, sympathy and emotional contagion



#### How important is empathy?

- Goldman: Mindreading is an extended form of empathy
- Gallese: empathy "is relevant when accounting for all aspects of behavior enabling us to establish a meaningful link between others and ourselves"
- Hoffman: empathy is "the glue that makes social life possible."
- Jacob, Vignemont, Singer: Empathy is less direct and more mediated than standard mindreading



### Philosophy and Science

- Innsbruck 1910: 4. congress of experimental psychology
- "When I arrived, I expected to hear something about experiments in the field of empathy. But what have I heard except plenty of old theories? No experimental results. But this is no philosophical association! I believe the time is ripe for those who want to present those kinds of theories, to show us whether or not they can be confirmed by experiments." Martin



#### Recent developments in the discussion of social cognition

- Enactive, embodied, phenomenological approaches to social cognition
- Is the psychological life of others inherently unobservable?
- Direct social perception and empathic understanding
- Do empathy provide a direct and non-inferential access understanding of others?
- Is being contextual and being direct incompatible determinations?



#### Further issues to be addressed

- How is empathy related to and different from emotional contagion, motor mimicry, emotional sharing, imagining oneself "in someone else's shoes" and sympathy?
- What is the relation between undergoing and understanding an experience and its bodily expression?
- Is it a necessary condition for empathy that an observer *feels* the same emotion that she detects in another person?
- Is empathy a single unified phenomenon?



# Thanks for your attention!

